

Official Publication of the Eastern Division of the National Ski Patrol



## Division Director's REPORT

by John Shipman, Division Director

On Saturday, November 14 at 2 p.m. the ribbon was cut opening a new National Ski Patrol exhibit at the Vermont Ski and Snowboard Museum. It was followed by a special event honoring the 2015 Vermont Ski and Snowboard Board Hall of Fame inductees. Many of us from around the division headed to Stowe, VT to celebrate the event. The NSP exhibit features a collection of ski and snowboard artifacts and memorabilia as well as our history of service and safety.

If you or your fellow patrollers are not familiar with the Stowe, VT museum, a visit to northern Vermont will be well worth your time. You can view the collection and learn a lot about our organization. The museum is located on Main Street in the old town hall building.

I want to give Eastern Division patrollers some information about the Joint Statement of Understanding between the National Ski Patrol and the National Ski Areas Association. Over the past few years, at least a half dozen concerns have come to the division's attention regarding ski area management and the ski area's local NSP registration units. For those who want to read the complete three-page memo of understanding (MOU), it is available on the NSP website. To find the document, go to Member Services and under Quick Links, click on Guiding Docs. Then click on NSP/NSAA JSOU to download the memo.

The Joint Statement of Understanding is basically an agreement and understanding between the National Ski Areas Association and the National Ski Patrol. There are eight subjects summarized in the document. Here are a few:

- A patrol at a ski area "is under the supervision and control of the ski area management and must abide by the policies and procedures established by that ski area's management." It is understood that the NSP does not control the patrol activities of patrollers while they are patrolling at their ski areas.

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- Ski area management has the right to approve the selection of the NSP patrol representative. That representative shall be the agent of management and management shall have the right to dismiss the NSP patrol representative or any patroller at any time.

- Additionally, the MOU recognizes the appropriate lift evacuation techniques and the established policy and procedures for lift evacuation training developed by ski area management.

Another often neglected and important patrol advisory position is the patrol medical advisor. All Eastern Division patrols should have a medical advisor to serve as a resource regarding ski area medical procedures, protocols, and OEC educational programs. Patrol leadership should be familiar with OEC standards of training (the curriculum used to teach OEC) and standard of care (ski area protocols that will be used at ski areas). If you are looking for a medical advisor and have questions about it, check with your region director.

At the September 2015 Eastern Division Fall Officer's Meeting, the Board of Directors approved the funding of a scholarship for Young Adult Patrollers to help attend the annual YAP Training Seminar. This ski season, four young adult patrollers will be presented with a paid registration to the YAP Seminar at Bromley Mountain in Vermont. For more specific information, such as the application process, please see the article in this newsletter and more information can also be found on the Eastern Division website. The Eastern Division has the greatest number of young adult patrollers with 214. Central Division has 71, Rocky Mountain Division has 55; the other divisions don't have a YAP program or have very few.

Two awards, or, recognition of service to the NSP, are the patroller 50-year service pin and the new NSP 50-year patrol sign. Contact Jerry Sherman, the Eastern Division Awards Advisor, for the service pin. Your region director as well as your region awards advisor can help you with obtaining the patrol 50-year sign indicating that the patrol has been an NSP patrol for 50 continuous years.

Wishing you a great ski season. Be safe and have fun!

# New Division Award

by John Beach, Historian

In order to keep better historical track of our patrolers with long service, a 50-year service recognition program is being put in place. This effort will start building a database of patrolers who have contributed much of the history that is so important to our division.

A special Eastern Division 50-year pin has been designed with the help of Region Awards Advisors and National Historian Rick Hamlin to recognize the service of these patrolers. To apply for one of these pins a brief, two-page questionnaire should be completed and sent by mail or email to Eastern Division Awards Chair Jerry Sherman ([jshernsp@rochester.rr.com](mailto:jshernsp@rochester.rr.com)) or me ([jebeach@nycap.rr.com](mailto:jebeach@nycap.rr.com)). Once received the pin will be forwarded to the recipient.

Finishing touches are being made to the questionnaire as well as to how the information will be stored. The target date is the first of the year. When completed the questionnaire will be found on the Eastern Division website under Programs/Awards as are the Patroller Achievement Award and Patriot Star forms.

Approximately 25 of these beautiful blue and gold pins have been awarded to date to those who have achieved the magic milestone of 50 years of dedicated service to NSP. I feel it is important that we honor these people and record their valuable, historical information and achievements. I encourage anyone completing the form to add any additional information or pictures to help honor the pin recipient.

This recognition is long overdue. Our history is so important and we are letting it slip away. This is a way to begin changing that. Should you have any questions, please contact Jerry or me.



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CHARTERED BY CONGRESS

**TRAIL SWEEP**

*encourages submission of articles, pictures, and letters to the editor. All material becomes the property of the National Ski Patrol, and cannot be returned unless accompanied by a stamped, self-addressed envelope.*

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For those who don't know him, let me introduce you to **Don Page**. He has had a long and distinguished career with NSP and at this year's refresher at Catamount, in the ENY Region, he received his 60-year service award.

Don joined the NSP in 1955 as a member of the Albany Ski Club Patrol. As a club patroller he commonly patrolled where the club was skiing and he was also welcome to sign on as a visiting patroller at several ski areas in New York, Vermont, and Massachusetts. The list of his service to NSP is long... Red Cross Instructor Trainer since 1959, Patrol Director, OEC Instructor, Senior S&T Examiner, Eastern Division S&T Chair, Section Chief, Assistant Region Director, Region Director, Assistant Division Director, Division Director, and NSP Board Member.

Additionally, former National Director Harry Pollard appointed Don as coordinator and liaison for the selection of NSP volunteers for the 1980 Olympics in Lake Placid. Don also served as coordinator of the "Introduction to Ski Patrolling" in the late 1980s, Eastern Division Bylaws Chair, and Division Election Coordinator. He is the ENY Region Election Coordinator and has served as the parliamentarian at Eastern Division meetings for well over 40 years.

Along with multiple Certificates of Appreciation Don's NSP awards include:

1959 – National Appointment #2182

1988 – Minnie Dole Award

1999 – Yellow Merit Star for Administration

2003 – Yellow Merit Star for Administration

2004 – Meritorious Service Award

2005 – Honorary Lifetime Membership in NSP after 50 years

2012 – Distinguished Service Award

In 2014 Don was the sixth patroller inducted into the National Ski Patrol Hall of Fame joining Minnie Dole, Roger Langley, Harry Pollard, Warren Bowman, and Gretchen Besser.

In honor of all his dedication and hard work the Eastern Division established the following named award: The Don F. Page Outstanding Administrative Patroller Award which is awarded annually to the Eastern Division's Outstanding Administrative Ski Patroller. The name of the winner is forwarded to the National Office for consideration for the National Outstanding Administrative Ski Patroller Award.

Having served NSP long and hard on so many different levels, Don is ready to step down from active patrolling. He will be registering as an Alumni Patroller this year but I'm sure we'll be seeing him at the division meetings.

The Eastern Division and all who know him congratulate him on a job well done!



## NSP Exhibit Opens at VTSSM

by Rick Hamlin, National Historian

Dawn's light revealed the season's first snow providing a white mantle on Mount Mansfield. It was a fitting way to start Saturday, November 14th, the day that the Vermont Ski and Snowboard Museum opened its new exhibit, "Service and Safety, the National Ski Patrol." Patrollers from the distant reaches of the Eastern Division converged on historic Stowe Village for the opening.

The opening culminated almost three years of coordination and cooperation between the Eastern Division and the VTSSM. It started with a membership challenge to Eastern Division patrollers in the spring of 2014, followed by the consolidation of several collections of NSP artifacts, the preparation and documentation of the exhibit elements, and finally the installation of the exhibit into the museum. All of these steps built on one another and lead to the exhibit opening on the 14th. The museum welcomed patrollers, friends, and families as the doors opened at noon for the very first showing of the exhibit that will occupy all of the first floor of the museum for the next year.

Welcomed by the developer of the exhibit, National Historian Rick Hamlin, and Division Director John Shipman, patrollers lined the street in front of the museum for a group photo to commemorate the event. After the photo the exhibit was officially opened with a ribbon cutting ceremony. Patrollers and guests were then able to explore the exhibit which includes rare artifacts and equipment, numerous patrol parkas covering many decades, and documents related to the creation of the NSP. The exhibit will be in place for the next year after which it will be reduced in size and will become a permanent exhibit at the museum.

The museum is located at the intersection of Vermont Route 100 and Vermont Route 108, right in the middle of Stowe Village. If you find yourself in northern Vermont in the next year be sure to stop at the museum where you can see both National Appointment certificates #3 and #4 in the same place, one of the two oldest rescue toboggans in Vermont, an original copy of the very first NSP Annual Report from 1939, and much more.

# Continuing Education is NOT Something New

by Jim Miller, ID Supervisor

Is continuing education really necessary? The answer to this question should be a resounding YES!

Continuing Education (CE) for NSP instructors has been a part of NSP policy and procedures for decades. It should not come to anyone's surprise that we are requiring our instructors to complete a registered CE course, per their discipline, every three years as one of their requirements to maintain their NSP instructor credentials.

NSP is the owner of the various educational programs being taught to our patrollers. NSP gives the objectives and dictates the content for these educational programs. NSP instructors are responsible to deliver the content of the course as directed in the discipline-specific instructor's manual. Instructors are not allowed to teach below or above the standards for that program.

Patrollers are required to refresh one-third of the OEC program annually to maintain their NSP certification. Have you ever gone to a refresher where you did not relearn some item(s) that made you appreciate the refresher? CE is the same. CE is designed to prevent instructors from becoming stagnant in their teaching style and subject matter.

Continuing Education has two modules.

1. Instructor Development: Half the CE course should be a review of some, not all, of the principles from the Instructor Development course and the course textbook *Instructor Development – Training the Adult Learner*. The Instructor Development Committee recommends that lessons on Six-Pack Lesson Planning, Mentoring, Administrative Procedures, and the American Disabilities Act be reviewed in each CE Course.
2. Discipline specific: A presentation which offers continuing education and update material to instructors relative to the specific discipline in which they teach.

Continuing education is a necessary tool to maintain the quality of our NSP programs and ALL NSP instructors need to be on the same page.

## The VTSSM Wants You!

The Vermont Ski and Snowboard Museum wants your patrol family photos! As part of the exhibit, "Service and Safety, the National Ski Patrol" that recently opened, the museum has left a blank wall in the museum where they would like to post pictures of patrol families. What is a Patrol Family? It could be blood relatives, relations by marriage, lifelong friends, or photos of whole patrols. As long as there are more than two people in the photo and it is clear that they are patrollers, we will post them in this giant scrapbook. Send your digital images to NSP Historian Rick Hamlin at [rhamlin@comcast.net](mailto:rhamlin@comcast.net) and a description of who is in the photo and how they are related and we will post them on the wall. Questions? Email Rick.





# Eastern Division Mountain Travel Rescue Challenge

Hosted by Thunderbolt Ski Patrol and Mt Greylock Ski Club on Mt Greylock State Reservation

**Sunday, February 28, 2016**

*(please check the Eastern Division website for any changes)*



## PURPOSE

- Push instructors and participants beyond standard MTR programming.
- Encourage all to be more efficient and timely employing backcountry skills.
- Improve the efficiency of MTR technicians increasing their skill levels.
- Decrease the chances of injury when traveling in remote areas.
- Increase participation in and visibility of the MTR program.
- Help participants to see skill interconnections creating more rounded skill sets.
- Act as a melting pot for experts drawing people from a large geographic area.
- Exchange of teaching ideas between instructors.
- Make new contacts with likeminded folks.
- Increase visibility and help new programs such as the Nordic Masters Program.

## GOALS

- Provide a safe and fun event challenging ski patrollers' skills and physical fitness.
- Promote excellence and reward it through recognition.
- Provide additional challenges beyond Alpine Certified and Nordic Masters Programs.
- Break new ground by piloting not only this program but this multi-disciplinary challenge concept to NSP.

## OBJECTIVES

- Fire starting
- Map and compass navigation
- Rope Skills
- Camp stove operation
- Patient access
- Improvised patient transportation

- Backcountry OEC
- Emergency shelter building
- Avalanche beacon search
- Problem solving using ingenuity
- Efficient winter travel (skiing)

**The Eastern Division MTR Challenge is ready to accept applications for participants and volunteers to help staff the event.**

## EVENT DESCRIPTION

- Timed event on the slopes of Mt. Greylock in western MA.
- Headquarters, registration, start and final destination at Mt. Greylock Ski Club.
- Participants will all start at the same time.
- Climb approximately 4,000' and cover about 11 miles of trail crossing the summit twice.
- Participants will stop and demonstrate skills during the traverse.
- Stations monitored by qualified instructors of appropriate disciplines.
- Participants expected to have well rounded skills.
- All participants will be teamed in groups of two.
- Each participant will be required to have a cell phone and each team will be issued a radio.
- Progress will be monitored as teams proceed to each station.
- Station monitors can report on team progress.

## COURSE DESCRIPTION

- Travel up Roaring Brook Trail to the campgrounds and then to the summit of Mt. Greylock.
- Ski down (conditions permitting) the famous Thunderbolt Ski Trail.
- Climb back up Bellows Pipe Trail to the summit.
- Proceed to the campground and down Stoney Ledge Trail returning to the ski club.
- It is assumed that participants will reach stations at different times.
- Whenever possible provisions will be made to handle more than one team at a time.

## ADDITIONAL INFORMATION

- Participants should be ready for any snow conditions bringing skis and skins, snowshoes, and good winter boots. Most years participants should be able to ski every leg of the route.
- This is not an event that folks can jump into without proper skills and fitness.
- Fitness is up to the participants however, Thunderbolt Patrol and the Eastern Division Staff will offer a number of MTR training classes to support the event. People who attend these classes will have an advantage over those who do not.
- The skill stations will not be tricky in any way but will illicit efficiency in setting up a backpack, abilities, and understanding of personal gear.
- Careful selection of lightweight, multi-use, small form-factor equipment is encouraged. Small, light packs will pay off when traveling between stations.

## KEY PEOPLE RESPONSIBLE FOR THIS CRAZY IDEA

- Dave Childs, Thunderbolt Patrol Director, [thunderboltpatrol@gmail.com](mailto:thunderboltpatrol@gmail.com)
- JC Cowell, Division MTR Supervisor, [jc@warwick.net](mailto:jc@warwick.net)
- Richard Adamczyk, Thunderbolt Patrol.

# AMN Instructor Event

by Jonathan S. Shefftz

Over 50 Eastern Division patrollers in avalanche safety, mountain travel & rescue, and Nordic convened September 19-20, 2015 at Northfield Mountain in WMASS for our annual fall event. Originally an administrative meeting for instructors with some limited continuing education elements, the annual fall event has been significantly expanded into a skill refresher.

Administrative elements are still covered, but a major additional focus is rotating among refresher stations. This year the stations for the three areas included:

- avalanche safety, with beacon practice, observation recording protocols, and terrain assessment;
- mountain travel and rescue, with rope work and navigation;

- Nordic, with a new focus on candidates preparing for the senior exam.

The second day of the weekend was a low-angle rope rescue course.

Our host for six of the recent years has been the Northfield Mountain Nordic Ski Patrol, with large meeting facilities, ample outdoor practice areas, and nearby overnight camping.

If you want to see more on the details of the 2015 event go to the link: <http://amn15.nmnsp.org>.

All interested patrollers – whether current or potential instructors – are encouraged to attend next year...and free of charge too!



## Paying It Forward: YAP Scholarship Created

by Dan Pascucci, Assistant Advisor

The Board of Directors of the NSP Eastern Division has created a Scholarship Fund to assist young adult patrollers with the cost of attending the Eastern Division Young Adult Training Seminar held annually. A maximum of four scholarships per year will be awarded based on need and merit, with the nominations coming from YAP advisers, patrol directors, and training staff who have worked with the young member. The scholarship will be in the amount of the registration fee for the event. The application is available on the division website and contains a description of the application process.

The genesis of the fund came from the generous donation from the Holimont and Holiday Valley Ski Patrols of the Western New York Region. The two patrols held a very successful fundraiser during the summer of 2014 and as a result donated \$7,000 to the Eastern Division with the request that the funds be earmarked to assist young adult patrollers. That request was based on the personal experience of Greg and Mary Lyn Boberg who had children involved in the Young Adult Program. Mary Lyn was the chair of the fundraising event and felt that the contribution to the division could be used to encourage a young adult patroller with a financial need to attend the division event. The Eastern Division Board not only felt that was a great idea but chose to increase the fund by allocating an additional sum of \$9,000.00 so that

Cont'd on pg 6





The Eastern Division runs a Young Adult Patroller event each season for those high school students who are involved with the National Ski Patrol. Over 60 of us come together for four days at one mountain and prove our skills in skiing, toboggan handling, Outdoor Emergency Care, and patient assessment. It's not only a competition and enhancement, but an opportunity to make new friendships. The friendships I made have been the most important part of my experience with the seminar.

My first experience with this seminar was two years ago when I went to Sugarloaf Mountain in Maine. This was so exciting for me because I was able to ski a new mountain that was very different from the ones in the Catskills. I didn't know what to expect which I think made it all the better. As the activities started Friday night and I was separated from the kids from my region, I began to realize how friendly all the kids were. We were able to become great friends in such a short amount of time because we all shared a love for something so unique.

It's not very often that I can find a group of teenagers that share the same passion that I do. By the end of the weekend all I could say was "wow." It was crazy how people of such a young age could come together and not only show their passion for this activity but also share skills and enhance each other's knowledge. The relationships that I made are ones that are still very close to my heart. YAPs all the way from Vermont have come down to Belleayre, my home mountain, to visit our patrol and see how we do things. My first experience was one that I will never forget and made me want to continue my participation in this event.

As my region was planning on attending our second Eastern Division event at Jiminy Peak our enthusiasm made some of our patrollers want to get involved and our group became even larger. Considering all we talked about was last year's event, the rest of the YAPs were excited to participate. When we arrived at the mountain we saw our friends from last year before we even got inside! It was a great feeling to finally be back with the kids we became such good friends with. Again like last year, I still got to meet new YAPs from all over!

Craig Larson, the Eastern Division YAP Advisor, tells us the importance of these relationships we make. He says that we are the future of National Ski Patrol, which truly brings chills to everyone in the room. He wants us to make these bonds so that our division is united as we move up to higher levels. As we become instructors and evaluators we can use these friendships to train with other regions and share resources. I hope to pass on the skills that I have learned from the YAP program with the help of the friends I have made all over the East Coast.

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it could fund additional scholarships for a finite time period (four per year for ten years). The board created a committee chaired by Dan Pascucci, Maine Region Director, along with Craig Larson, YAP Program Advisor; Mary Lyn Boberg; Region Director John Tuttle representing the Finance Committee; Bill Cline, Legal Advisor; and Division Director John Shipman, ex officio member.

The committee was tasked by the Eastern Division Board to set up the parameters of the program including the application process and selection criteria. In addition, the board has challenged the committee and its members (read that: YOU!) to find additional fundraising opportunities that can be used to sustain and expand this important program. To that end, the committee challenges every region to look at their young adult program and see what ways they can support it and what fundraising efforts they might be able to come up with to make this fund a perpetual fund. Presently, as the Board has established it, the allocated funds would run out in approximately 10 years.

That is our challenge and what better challenge is there when we are talking about the future of our organization. The Young Adult Patroller Program has consistently produced patrollers who in their adult life become the leaders of our organization. We believe that it is incumbent on each of us to look at some way to help move this program to the next level. Anyone who has any suggestions for fundraising efforts should contact the members of this committee.

## Moving Forward with Technology

- The Eastern Division has a new website at [www.nspest.weebly.com](http://www.nspest.weebly.com). There's a lot of information about programs there and the calendar is updated regularly.
- Do you have Twitter? If you do, you can follow us! Tweet to @East\_SkiPatrol.
- Don't forget Facebook. Not only does the Eastern Division have a page but so do the Woman's and YAP Programs.
- The email addresses or hyperlinks in *Trail Sweep* are active. Just click on them to send email or go to the page they reference.

# EASTERN DIVISION YAP SCHOLARSHIP APPLICATION

DEADLINE: JANUARY 15

(Please print legibly)

Young Adult Patroller Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone # (\_\_\_\_\_) \_\_\_\_\_ Email Address \_\_\_\_\_

NSP registration # \_\_\_\_\_ Year Joined NSP \_\_\_\_\_

Patrol Name \_\_\_\_\_ Patrol Director \_\_\_\_\_

Has patroller attended the YAP Seminar previously? Yes \_\_\_ No \_\_\_ If yes, how many times \_\_\_\_\_

YAP Advisor's Name \_\_\_\_\_

Phone # (\_\_\_\_\_) \_\_\_\_\_ Email Address \_\_\_\_\_

*The completed application package must include the following:*

- Application form.
- Letter of recommendation for scholarship from someone who knows the individual (such as a YAP Advisor, Patrol Director or training officer). Include in the letter the reason for recommendation for the scholarship and any personal achievements inside and outside of NSP.
- A letter written by the Young Adult Patroller on what their NSP patrolling has meant to them. If they have attended the YAP Seminar they should include what it has meant to them. If not, why they want to attend one.

This scholarship will be awarded based on financial need and merit. The Patrol YAP Advisor and Patrol Director are considered to be in the best position to understand any financial needs of the applicant and family. Questions should be directed to the Eastern Division YAP Advisor at [easterndivisionyap@gmail.com](mailto:easterndivisionyap@gmail.com).

Application submitted by \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_

*Mail completed application package to:*

Dan Pascucci

135 Portland Avenue

Unit 1101

Old Orchard Beach, ME 04064

You may scan in the completed application package and email it to:

[dpascucci@maine.rr.com](mailto:dpascucci@maine.rr.com)



# **EASTERN DIVISION YOUNG ADULT PATROLLER SEMINAR REGISTRATION**

**REGISTRATION DEADLINE POSTMARKED February 5, 2016 – NO REFUNDS AFTER FEBRAURY 18, 2016**

***Registrations received after the deadline will be charged a late fee of \$50, if there is still availability, as space is limited***

Fill in completely and return with a \$375.00 check made payable to NSP Eastern Division to:

Craig Larson, 46 Brooks Road, Paxton, MA 01612

*Please type or legibly print all information except for signatures.*

Last \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Age \_\_\_\_\_ Male or Female T-shirt Size (circle) small medium large x-large

NSP # \_\_\_\_\_ Mountain \_\_\_\_\_

I have a dietary concern, please list here \_\_\_\_\_

***I understand my commitment and responsibilities to the National Ski Patrol while I am attending this seminar.***

Young Adult Patroller Signature \_\_\_\_\_

## **TO HELP US PLAN, FILL IN THE FOLLOWING:**

**FREE SKI FRIDAY \_\_\_\_\_**

**ENHANCEMENT TRACK \_\_\_\_\_**

**ARRIVAL Date \_\_\_\_\_**

**REGION DIRECTOR \_\_\_\_\_**

**FREE SKI MONDAY \_\_\_\_\_**

**COMPETITION \_\_\_\_\_**

**DEPARTURE Date \_\_\_\_\_**

**YAP\_\_ STUDENT ADVISOR\_\_ ADULT CHAPERONE\_\_ S&T TE\_\_ OEC TE\_\_ OEC INSTRUCTOR\_\_ TOBOGGAN INSTRUCTOR\_\_**

TICKETS WILL BE GRANTED TO THOSE WHO CHECK OFF FREE SKIING FOR THE ABOVE DAYS.

YOUNG ADULT PATROLLERS WILL BE ENROLLED IN THE COMPETITION GROUP UNLESS CHECKED OTHERWISE.

Advisor/Chaperone attending with Young Adult Patroller \_\_\_\_\_

*Attending adult advisor/chaperone must be at least 21 years of age and be endorsed by the young adult patroller's parent or guardian.*

*No more than 5 young adults per advisor/chaperone*

**The above named Young Adult Patroller is a registered member of NSP and approved for the seminar.**

Patrol Director OR Young Adult Advisor (Print/Signature) \_\_\_\_\_

## **REQUIRED MEDICAL AUTHORIZATION FOR MINORS UNDER 18**

*This authorizes the ski patrol, EMS personnel, a licensed physician, surgeon, or other recognized hospital staff member to carry out emergency medical care deemed necessary for my child/ward in an emergency, when normal permission is unavailable.*

Name of Minor \_\_\_\_\_ Emergency Contact # \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Physician Name \_\_\_\_\_ Physician # \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy/Plan # \_\_\_\_\_

Special Emergency Information/Instructions \_\_\_\_\_

## **RELEASE AND INDEMNITY AGREEMENT — REQUIRED FOR ALL YOUNG ADULT PATROLLERS**

The undersigned, as a participant, or as a parent or guardian of a minor who is participating in the 2016 Eastern Division Young Adult Training Seminar, in consideration for being allowed to participate in such event, hereby releases the National Ski Patrol System, Inc. and the Eastern Division, Bromley Mountain Ski Resort and any and all officers, members, volunteers, agents and employees thereof from any and all claims or liabilities of any kind whatsoever arising out of my or such minor's participation in the 2016 Eastern Division Young Adult Training Seminar. I/we further release and waive any rights, causes of action, or claims against said Ski Patrol or Ski Area, and any officers, members, volunteers, agents, and employees thereof which I/we may have arising out of any personal injury, property loss or damage, or any other liability incurred during skiing and related activities of the 2016 Eastern Division Young Adult Training Seminar. As further consideration for being permitted to participate in the 2016 Eastern Division Young Adult Seminar, I, or we on behalf of said minor, hereby agree to indemnify and hold harmless the National Ski Patrol System, Inc. and the Eastern Division, Bromley Mountain Resort and any and all officers, members, volunteers, agents, and employees thereof from all damages, judgments, expenses (including attorney's fees) and costs whatsoever arising out of any claim or demand by the said minor or by persons acting for or on behalf of said minor in respect of the aforesaid injuries or damages. I also grant permission to the National Ski Patrol to take my photographic image and to use the same for any lawful purposes, including publicity, illustration, advertising and web content.

Participant \_\_\_\_\_ Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_



# Ready or Not Here It Comes

by Craig Larson, YAP Advisor

“Dad” they whispered. “Dad, it’s morning!” There, in the darkness of 5:03 a.m., stood three kids wide awake wanting my attention; 5:03 on a Saturday. It was early, too early. “Go back to bed” I groaned as I rolled away from the kids hoping it was all a dream, a very bad dream.



“Dad, can we?” The kids’ voices were soft, in my face and in unison, all while trying to keep the not-so-friendly, morning monster asleep on the other side of the bed. It had been five minutes since they last disturbed my Saturday morning sleep. A whole five minutes. “Go back to bed,” I said with a little more authority, still not wanting to get out from under the covers. “Go back to bed.” No one should be awake in the Larson house. No one! Not me. Not the kids.

I was tired, grouchy, annoyed, and wanting more sleep; needing more sleep!

There it was again. Three voices seeking my approval. “Can we? We’re ready. Can?”...before they could finish I cut them off. “Go... Go play... Go play quietly.” At that moment, I had no idea what I was agreeing to but it must have been big because the only response was the pitter-patter of kids feet fleeing the room and racing down the stairs.

I awoke some time later with the fall sun flooding the windows. The house was still and quiet. Awfully quiet. As I rose from the bed, soaking in the sun’s warmth it hit me. The kids? Where are they? What are they doing? Quietness like this means only one thing in this house. Trouble! What had I said yes to?

I quickly listened for any signs of child activity. Three children should be easy to hear. Squeals. Laughter. A children’s television program. Nothing! Do I dare wake the ‘not so happy when you wake me up, let me sleep, I’m the tired mother of three’? Not a chance. I can handle this one on my own.

As I walked by the window, the scene outside the window grabbed my full attention. There in the middle of the front yard, halfway down the hill were three kids. Three kids dressed in pajamas with haphazardly thrown on ski helmets, boots, skis, and poles! Three kids trying to ski the heavy October frost. I stood in awe, watching them slide down the 200 feet towards the mailbox.

We have done this many times. Too many times! Front Slope, Left Bank, and Driveway’s Edge...our front yard broken into three trails, and each kid with a favorite. Outside the window, in the middle of Left Bank on the thick frost, the first turns of the season were happening.

I should have grabbed the camera and taken pictures. I should have woken my wife to see the crazy kids. I should have been upset and scolded the children for going outside. I didn’t. I couldn’t!

Are you ready? Are you ready to tackle the 2015-2016 season? Are you ready to learn new patroller skills? Are you ready to improve your ski/ride techniques? Are you ready to train with the best instructors and evaluators in the division? Are you ready for the Eastern Division Young Adult Patroller Seminar?

My kids are ready. I am ready. The Eastern Division Young Adult Staff is ready!

Young Adult Patrollers from Maine to West Virginia will gather at Bromley Mountain Ski Resort, Peru, Vermont, March 18-21, 2016 to test their skills and show how ready they are. Bromley Mountain Ski Resort has it all; wide-open cruisers, steeps, bumps, and a whole lot of sun. With over 1,300 feet of vertical drop this is the place to be. Are you ready to attend the largest YAP event in the Eastern Division? Are you ready to attend what could be the largest YAP event in the country?

Those who have been to a Young Adult Patroller Seminar speak highly of this event and ARE ready to attend again.

“What a great event. I had more fun in three days than the whole season at my home mountain. There aren’t other Young Adult Patrollers where I ski. I never knew there were so many. I’ll be back next year.” (1st year attendee)

“I look forward to showing off my patroller skills at this event each year. This event gets bigger and better each time I attend; the friends, the hands-on learning, the skills competition, and the free stuff.” (3rd year attendee)

If you have never attended an Eastern Division Young Adult Patroller Seminar, this is the year! This is the year to be ready. This is the year to participate.

Here’s what you get when you attend the Eastern Division Young Adult Patroller Seminar:

- Three nights of lodging (Friday, Saturday and Sunday)
- Breakfast on Saturday and Sunday
- Dinner on Friday, Saturday and Sunday
- Lift Tickets
- Free skiing on Friday and Monday
- Hands-on Skills Training
- Patroller Skills Competition
- Mystery Events
- FREE Swag
- And so much more! All for \$375.00!

*Bromley*

Get your registration in early, postmarked by February 10, 2016, as we cannot guarantee space for late registrations. A late fee of \$50.00 will be enforced IF space allows. Fill out the registration form in this issue and put it in the mail today. It is also available online on the division website under Programs/YAP and on the calendar.

More information regarding the Eastern Division Young Adult Patroller Seminar can be found on the Eastern Division webpage, Eastern Division Facebook page, and Instagram. Check these places often. Event questions can be emailed to [easterndivisionyap@gmail.com](mailto:easterndivisionyap@gmail.com).

I could have been upset with my kids. I wasn’t. Instead, I grabbed my boots and my oldest pair of skis and headed to the yard, eager to make tracks before the sun melted our morning fun. I was ready. Are you ready?



# 2016 Certified Program by Bill Jordan, Chair

Let's hope that the 2016 ski season is just as cold and snowy as last year's. Well maybe as snowy but not quite as cold!

The annual exam will be held March 31 to April 2, 2016 at Sugarbush Resort in Warren, Vermont. Watch the certified page on the division website for lodging and exam information.

There are four pretests scheduled this season. They are all listed below. Yes, you must preregister for any of these courses. Just email the contact person and let them know that you plan to attend.

Many patrollers feel that certified is above their capabilities or a well-kept secret with mystique surrounding it and that it is just not worth investigating. The certified membership can help with both of these issues. We invite you to attend our annual exam at Sugarbush Resort. This will help you understand the objectives and expectations of the program. Look around at the people in your region who are certified and you will see people who participate in all levels of patrolling. These guys and gals are a resource for you. Every region in this division has a certified advisor. Just access the division website for their contact information, access your region website where they are also listed, or contact me directly.

Certified patrollers are accessible; they are a wealth of information, and they are willing to share that information with you. To start training for this program you need

## HELP with Nordic Awards



by Michael Balk

Did you know that NSP has awards just for Nordic patrollers? While they are able to partake in most NSP awards there are some that are only available to Nordic patrollers. For instance there are Outstanding Nordic Ski Patroller and Outstanding Nordic Ski Patrol awards.

There are requirements for these and other awards but sometimes it is difficult to figure out what they are. That is where I come in. I will help Nordic patrols in the Eastern Division figure out all of the requirements, then work with our Eastern Division Awards Advisor, Jerry Sherman, to get the applications moved through the process. If you know of someone who deserves recognition, please let me or your regional awards advisor know. We will help you navigate the process. You can contact me at [mike@talismanenterprises.net](mailto:mike@talismanenterprises.net).

to do a couple of things. First, come to the annual test and meet some great people. Observe all the components of the exam. Lie in the snow for the OEC component. Ask questions about the program. I promise you'll get answers!

Start your training early. Getting an early jump on your training is paramount to being successful. There is no reason why you cannot practice OEC, read your avalanche book, get together with other prospective certified candidates and members, work on knots and lift evacuation, read about ski area management, talk to mountain risk managers, or try some dry-land training. And we run the ever popular and well-attended Certified Boot Camps in the summer for additional training.

This program is tough; it's designed to be. It will challenge every aspect of your mental and physical toughness. It is not a program that you can just show up and take. You must train and gather information from many resources. Take my word for it, start as soon as possible, train hard, come and meet some of the greatest people you will ever know.

## 2016 CERTIFIED and PSPA CALENDAR

Please contact if you plan to attend any of these events.

- 1/21 INTRO TO CERTIFIED  
Sunday River, ME  
Dave Walker, 508-735-4870  
[Cert372@yahoo.com](mailto:Cert372@yahoo.com)
- 2/5 CERTIFIED PRETEST  
Pico Mtn., VT  
Don Mills, 802-324-2068  
[dsmtelmark@myfairpoint.net](mailto:dsmtelmark@myfairpoint.net)
- 2/5 CERTIFIED PRETEST  
Hunter Mtn., NY  
Ken Kelly, 570-877-7264  
[cert587@nep.net](mailto:cert587@nep.net)
- 2/26 CERTIFIED PRETEST  
Loon Mtn., NH  
Ken Kelly
- 3/30-4/3 CERTIFIED MEETING  
Sugarbush, VT  
Bill Jordan  
[cert169@frontier.com](mailto:cert169@frontier.com)

- 1/27 PSPA PRETEST  
Killington, VT  
Russ Monast  
[rmonast@gmail.com](mailto:rmonast@gmail.com)
- 1/31 PSPA PRETEST  
Loon Mtn., NH  
Russ Monast
- 2/10 PSPA PRETEST  
Sunday River, ME  
Russ Monast
- 3/2-3 PSPA ANNUAL EXAM  
Killington, VT  
Russ Monast



# A Profile in Determination and Courage



Imagine training for one of the highest levels of certification in the National Ski Patrol. Now, imagine being diagnosed and treated for breast cancer at the same time. This is Deb Cowell's story. Deb wanted to write this to encourage others to not only set goals but to continue pursuing them even when adversity sets in.



On April 25, 2015, Deb Cowell completed all of the required components and was awarded Nordic Master #10. She is the first woman to complete the Nordic Master Program which, like the Certified Program, was the brainchild of the Eastern Division. Deb said, "I hope I can inspire other women to pursue Nordic Master Certification. It looks daunting on paper, but it is a very doable path to improving your patroller skills." And inspire she will when you read her story.

Deb jumps into everything she does with both feet. Her first year as a member of NSP found her registered as an alpine patroller at Hidden Valley and a Nordic patroller at High Point XC Ski Areas, both in New Jersey. A strong skier, Deb was already a PSIA alpine ski instructor. By 2003 Deb became an Alpine Senior. Even though Deb was relatively new to patrolling, she was quickly tapped to lead the region's Young Adult Patroller and Women's Programs.

Her attempts to become a Nordic Senior were delayed by injury and scheduling conflicts. It's no wonder she had scheduling conflicts! She had become an OEC, alpine toboggan, MTR, avalanche, and Nordic instructor. She attained Nordic Senior status in 2007.

Deb's journey to the Nordic Master (NM) program began as soon as she passed the Nordic Senior Exam in 2007. "During the time I was juggling my YAP, Woman's, PSIA, and Nordic senior schedules" Deb noted, "the Eastern Division Nordic, MTR, and Avalanche advisers, who felt there was a need for an equivalent classification to Certified, started fleshing out a program that would eventually become Nordic Master." The requirements for Nordic Master became an outline for Deb's patrol-related continuing education. By the time she completed Nordic Senior, she had completed most of what would become the NM prerequisites.

Deb said, "Over the next few years I ticked off the requirements of the NM Nordic Module while teaching at New Jersey Region Nordic Refreshers, in-season training, and teaching at the Division AMN (Avalanche, Mountaineering, and Nordic) instructor refreshers." She was also working on her Telemark skiing skills and took the basic patroller exam again on Tele skis. "Yup, I had to wear a candidate bib again" she quipped. Her focus also shifted to completing her PSIA Master Teacher requirements within their six-year window.

To this point, Deb had handled the adversity of a heavy patrol schedule, region administrative responsibilities, and injuries and was looking forward to completing the Nordic Master Avalanche Module which always seemed to conflict with the Division YAP Seminar. However, on March 21, 2013 Deb received the biggest scare of her life; she was diagnosed with breast cancer. Over the next six months she had two surgeries to remove the cancer, 16 weeks of chemotherapy, and six weeks of radiation treatments.

"October 25, 2013 was my last day of active treatment" Deb happily reported. "I had begun trying to work out in August, and was making painfully slow progress. I attended all the fall refreshers, but I was struggling with lymphedema-related swelling. As a result, I could only ski for two to three hours a day by mid-December."

Unable to carry a backpack, walk, or ski any distance, she put her NM hopes on hold for another season. She planned to take it easy for the season, but only got to ski twice after spraining

Cont'd on pg 12



her ankle. "After my ankle healed, I got back to working out and pushed as hard as I could without inflaming the lymphedema," Deb said. "By late Fall 2014, I was swimming one or two days a week, working out in the gym two days a week, taking yoga two or three days a week, and walking as often as I could."

Once she could hike more than a mile or two, she got a new Nordic pack with shoulder straps that didn't cause irritation or inflammation. All season she slowly increased the pack weight and distance travelled. By the end of the 2014-2015

season she had completed the Avalanche Module and was allowed to schedule the overnight, solo search portion of the MTR Module. She completed and passed the last requirement, an interview, in April 2015 and was recognized as Nordic Master #10 at the Eastern Division Spring Officers Meeting.

But, believe it or not, it's not all about ski patrol. She has attained her PSIA Alpine Level II and Telemark Level I, has her PSIA Special Populations Accreditation and is a PSIA Master Teacher. She serves on the NJR Bike Patrol and the New Jersey Search and Rescue Affiliate Team recently passing their pack test to recertify by carrying a 25-lb. pack for two miles in 30 minutes.

Our admiration and respect go to Deb for her strength, dedication, and courage.



# 2016

by Chuck Boyd, Supervisor

As we enter a new winter season, it's a good time to dust off your transceiver and replace the old batteries. Get out and practice. Hiding a beacon under a pile of leaves, if they're still in your yard, is the easiest way to practice transceiver searching.

We had a great turnout of instructors at the AMN meeting this past September; a big thanks to the Northfield Mountain Nordic Patrol for hosting the event. I saw some of you again in November at the Eastern Snow Avalanche Workshop at the Mt. Washington Hotel in Bretton Woods, NH. Instructors are now required to attend Continuing Education events to maintain their instructor status. We offer three of these events every year in the Eastern Division.

By the time you receive this newsletter all of the avalanche courses should be posted on the Eastern Division website calendar. This year is a Level 1 year with three courses being offered. The first will be held at Smugglers' Notch, VT at the end of January. The second at Whiteface Mountain, NY the second weekend of March. The final one will be held on Mount Washington the third weekend of March.

All the region L1 Mod 1 courses will also be listed on the calendar. This year, all the full Level 1 courses will have 8-12 hours of pre-course work. This will allow us more time in the field and to keep the course on the regular three-day schedule. Make sure you register early to be able to complete the pre-course work and pass the quiz at the beginning of the course. Also remember that, if you complete a region L1 Mod 1 course you only need to attend the field sessions of the full L1 course.

Over the summer I worked with the Rocky Mountain, Southern, Central, and Eastern Divisions to hold a Level 2 Avalanche course in Colorado's Rocky Mountains. The course is being held to help all NSP divisions develop instructors for both the Avalanche and MTR programs. The dates for the course are February 24-27, 2016 and it will be held at Sunshine Mountain, CO. This is where National Avalanche Advisor Ed Carlson patrols. Ed has been talking with some of the instructors from the National Avalanche School, and we hope to have Dale Atkins and Knoxx Williams among others as instructors for the course.

I will be in attendance along with many other Division Avalanche Advisors. This is a great opportunity to meet new instructors and guarantee the quality of avalanche education across all divisions of the NSP. We are still working on details and trying to keep the cost low. If you are interested in taking this course whether you are a student or instructor please email me at [chucknspavy@gmail.com](mailto:chucknspavy@gmail.com) for all the details.

We are looking forward to seeing you all at the Level 1 courses. I will be an instructor at each course and don't forget to ask me about my trip to Peru this past summer.



# Patroller or Alumni

by Gerry Clark, Alumni Advisor

With the ski season started and refreshers completed, it's time to decide whether you want to patrol another year or go alumni.

Alumni is an NSP category which allows a patroller to stay connected and to continue to accrue years of membership, as long as there is no break between the years of patrolling and the year of joining alumni.

What are some of the benefits?

- Your dues are lower and if you are a Lifetime member that continues.
- You can serve as a staff and/or committee member at local, region, division and/or the national level.
- You can participate in all registered NSP seminars, clinics, courses, refreshers, and other events as a pupil, aide, or instructor (with the appropriate up-to-date instructor certifications).
- Membership dues are tax deductible.
- National voting rights are retained.
- NSP member number and member profile information are retained.
- All national, division and region newsletters, catalogs and other mailings continue.
- You retain access to the NSP website and store.
- Eligibility for most 'PRO' deals, including Subaru NSP discount, continue.
- You are still eligible for service awards.

Just to make sure you know what you can and cannot do...you can, if you are an OEC Instructor and keep your certification up to date, help out at refreshers and full OEC courses. You cannot sign in on a patrol for active duty, perform emergency care, transport injured parties, or otherwise act as an active patroller. You can attend clinics. You cannot wear any official NSP duty uniform including official patches, badges, or aid belts which may confuse the public.

Being alumni is fun. If you are not sure what you would like to do and need a year of rest, why not join the alumni? You can always go back to patrolling the following year. What I suggest to patrollers who are on the fence about what they want to do is go to the refresher. That way if they decide to return to patrolling their refresher status is current.

Got questions or concerns?

Contact your Region Alumni Advisor:

CNY	John Tuttle	<a href="mailto:John.Tuttle@nmfn.com">John.Tuttle@nmfn.com</a>
CT	Don Cirkot	<a href="mailto:Donaldcirkot@sbcglobal.net">Donaldcirkot@sbcglobal.net</a>
NH	Pat Jordan	<a href="mailto:pj_jordan@msn.com">pj_jordan@msn.com</a>
NJ	Ralph Cooke	<a href="mailto:Rkcooke@warwick.net">Rkcooke@warwick.net</a>
ME	Don Emerson	<a href="mailto:DPEmerson@juno.com">DPEmerson@juno.com</a>
ENY	Dan Crandell	<a href="mailto:danc1053@gmail.com">danc1053@gmail.com</a>
GVAL	Nick Schiavetti	<a href="mailto:redhill3@rochester.rr.com">redhill3@rochester.rr.com</a>
EPA	Pat Cusick	<a href="mailto:PJC1264@verizon.net">PJC1264@verizon.net</a>
WNY	Joan Reynolds	<a href="mailto:JoanR@adelphia.net">JoanR@adelphia.net</a>
WNY	Don Weaver	<a href="mailto:dweaverb2@gmail.com">dweaverb2@gmail.com</a>
WAPP	Marty Silverman	<a href="mailto:mjs@generalpipecleaners.com">mjs@generalpipecleaners.com</a>
WMA	Richard Andriole, Sr.	<a href="mailto:RCA-NSP@comcast.net">RCA-NSP@comcast.net</a>
NVT	Rob Lunn	<a href="mailto:nspnvt_rd@yahoo.com">nspnvt_rd@yahoo.com</a>
SVT	Frey Aarnio	<a href="mailto:bsp40@myfairpoint.net">bsp40@myfairpoint.net</a>
SNY	Mike McGinnis	<a href="mailto:maxx@hvc.rr.com">maxx@hvc.rr.com</a>
EMARI	Steve Hastings	<a href="mailto:hastings.116@comcast.net">hastings.116@comcast.net</a>

Or give me a shout at [gerryynsp@earthlink.net](mailto:gerryynsp@earthlink.net).

# 2015 AWARDS

## National Appointment

Eric Kreckel	11534	ENY
Lisa Rabideau	11610	ENY
Pam Welch	11666	GV
Mary Emmighausen	11668	GV
David Christiansen	11700	EPA
Gerry Pollard	11708	ENY/WMA
Linda Clifford	11714	WMA
Rena Perkins	11716	NVT
Larry Kneip	11720	SVT
Tom Bull	11722	ME
Paul Rawson	11724	ME
John Winne	11726	SVT
Dave Carter	11728	SVT
Dave Robinson	11730	ENY
Lee Jones	11732	NVT
William Martin	11734	ENY

## Leadership Commendation Appointment

Sue Wickson	8495	ME
Tom Feist	8497	ENY

## Distinguished Service Award

Roberta Fox	ENY
Dick Harding	GV
Al Hickok	GV
John Holloran	SVT
David Johe	WNY
Greg Johnson	EPA
James Potter	SVT
Paul Weitz	GV

## Meritorious Service Award

Tom Jenssen	GV
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## Yellow Merit Star

Lee Anderson	NVT
Robert André	GV
Robert Bakker	ME
James Fuerstein	GV
Eva Kunkle	WAPP
Andrea Marino	GV
Eli Moore	NVT
Ashley Mosson	NVT

Bob Oser	NVT
Eric Speedy	WAPP
Bernard Woolums	NVT

## Purple Merit Star

Tom Costello	NVT
Carol Erno	EPA
Chris Heimert	NVT
James Marco	ENY

## Blue Merit Star

Mark Archambault	NVT
Ted Barrett	NVT
Mike Duncan	NVT
Dave Sills	NVT
Teigh Southworth	NVT
Bernard Woolums	NVT

## Patroller Cross

Victoria Collingwood	SVT
Annie Cox-Smith	CNY
Johnna Gould	SVT

## Patriot Star

Robert Wohlschlegel	EPA
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## Patroller Achievement Award

Tom Adler	GV
Peter Areson	SVT
Schuyler Barnes	CNY
Maurice Berube	ME
Peter Bogdonoff	ME
Petr Bruell	ME
Gerri Cherubim	GV
Steve Duncan	GV
Micah Eldridge	GV
Tim Eygabroad	GV
Peter Fabbri	SVT
Jim Fuerstein	GV
Glen Gebhard	GV
Maggie Gerlach	GV
William Giovanoni	EPA
Steve Goldsmith	ME
Joe Hoff	GV
Doug Hollinger	GV
Bruce Johnson	GV
Lori Kloesz	GV
Stephen Kraatz	CNY
Scott Launt	CNY
Joel Lee	CNY
Barry London	ME
Phil Macomber	ME
Kevin Martin	ME

Joseph Massoni, Sr.	EPA
Brian Mayou	GV
Danny O'Rourke	EPA
Tim Pellman	GV
Beverly Philip	SVT
Jim Philip	SVT
Janet Remizowski	GV
Thomas Rogers	CNY
Jami Rushford	GV
Massimo Sammons	CNY
Greg Schneider	ME
Steve Sebastian	SVT
Michael Senio	EPA
Dan Shappee	GV
Thomas Shannon	CNY
Jack Shinn	EPA
Cindy Showman	GV
Dave Sliker	GV
Paul Solomon	EPA
Gary Spahr	GV
Steve Stackhouse	ME
Ned Storm	GV
Mike Tallon	GV
Bill Tobin	GV
Paul Weitz	GV
Stanley Wierzbicki	EPA
Jim Zoyhowski	CNY

## 50 Year Eastern Division Award

Gregor Trinkhaus-Randall	NH
Don Lewis	ENY
Dan Keegan	ENY
Robert Klug	ENY
Eric Jones	ENY
William Nealon	ENY
Dave Woodcock	ENY
Ron Simpson	ENY
Rob Romaine	ENY

## 50 Year National Lifetime Service Award

Barry Leckonby	WMASS
John LaFleur	WMASS
Carl Smith	SNY

## 60 Year National Service Award

Donald Page	ENY
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## 2015 NATIONAL OUTSTANDING AWARDS

Alpine Patroller	Jason Tamulen	EMARI
Patroller (Auxiliary)	Jerry Hyson	EMARI
Young Adult Patroller	Abigail Lent	NH

## 2015 EASTERN DIVISION OUTSTANDING AWARDS

Alpine Patrol (Large)	Whiteface	ENY
Outstanding Patrol (Small)	Sterling Forest	SNY
Alpine Patroller	Jason Tamulen	EMARI
Administrator	Elizabeth Hermann	WAPP
Instructor	John Miller	WAPP
Nordic Patrol	Allegany State Park	WNY
Nordic Patroller	Lucy Hawkins	CNY
OEC Instructor	Robert Snoby	WAPP
Paid Patroller	Everett Fenner	CT
Patrol Representative	Steven Burkholder	EPA
Patroller (Auxiliary)	Jerry Hyson	EMARI
Young Adult Patroller	Abigail Lent	NH



# Butternut Remembers 'Doc' Spannaus

by Jeff Galm, Patrol Director

Fred was, and still is, a major part of the Butternut Ski Patrol. I grew up with the Butternut Patrol. My father was a patroller and in my early teenage years I used to play the victim for Fred's training scenarios. Because of liability issues we could never properly address Fred as Dr. Spannaus but only as Fred. Nonetheless, everyone was certainly glad and more than relieved to see him walk into the first aid room when we had the occasional critical patient.

Back then the required training to join NSP was American Red Cross Advanced First Aid and Emergency Care. Fred used that as a foundation but trained the patrollers to be equipped to handle anything they might come across. When I turned 15, I found a copy of the *National Ski Patrol Rules & Regulations* and discovered that I was old enough to be a Junior Ski Patroller. I, and another patroller's son, Paul Sebben, approached the patrol director about joining the patrol. He had not had junior patrollers on the patrol and in the age of liability was a little concerned, so we got more than our fair share of training. That training paid off the following year when I attended the National Ski Patrol Junior Patrol Seminar and Competition in Colorado. I had never skied the steep or deep or bumps outside of Butternut. Still, I competed against 269 other 16-, 17-, and 18-year-old patrollers in skiing, running a toboggan, and medical skills. I managed to place 36th out of the 269 juniors and that was 100% because of the level of training we received from Fred.

To this day Fred's legacy lives on with each new candidate we train. To join most ski patrols, a candidate completes a 130-hour course in Outdoor Emergency Care. Then they work on ski and toboggan skills and you're a patroller. The other teenage patroller that joined with me, Paul Sebben, is now our Director of Training. Once a patroller has completed the Outdoor Emergency Care portion, they then take what they have learned in the classroom and apply it to "Fred's scenarios" up on the hill. A typical Fred scenario = Aw Jeeze with multiple patients - some combative, no help, only the supplies you have on hand, and a delayed response. Some are able to complete this in one season others may take two, but the bar is still held at the higher level that Fred established so many years ago.

These higher standards continue to pay off. Most patrols in our area have four or five OEC instructors on their patrol. We are fortunate to have 36 of our 80 patrollers as instructors. They are so well trained, many continue on to become instructor trainers and senior OEC examiners.

Last year we sent a young student patroller to the Eastern Division Training Seminar where she competed for her first time and placed 6th out of 47 other young patrollers. All of this is a direct testament to Fred Spannaus's scenarios and

for setting the bar higher for training.

This got me thinking of the hundreds of patrollers directly affected by Fred's training and guidance, not only in our patrol but in the Connecticut and Western Mass Regions where he was vital to our refresher courses and senior training. This continues down to the thousands of skiers and snowboarders that received better care and in some cases lives saved thanks to the incredible number of hours Fred spent training so many. This is why we have started a fundraiser on our patrol website and plan to make renovations to our first aid room next summer and name it after Dr. Fred Spannaus.

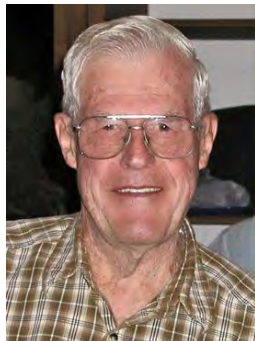
In closing thanks to the Spannaus family for sharing Fred all those many fall and winter weekends allowing him to be a pillar in the Butternut Patrol family as well.

I want to share what some of our patrollers posted on his Facebook page upon Fred's passing.

- To do great things with your life on behalf of others earns the utmost blessing from God and your fellow man. We who were associated with the Butternut Ski Patrol will always remember his inspiration and guidance given to each one of us. He blessed us. (*Al Cramer*)
- Sue and I are better people because of what we learned from Dr. Fred Spannaus. Fred was the Medical Director for the Butternut Ski Patrol when we transferred there back in 1990. He became famous for what we called "Fred scenarios" – a term we still use today that refers to an incident where everything that could go wrong did go wrong. His training prepared us for the real world. Thank you for your years of friendship. This world is a better place because of you. (*Bob & Sue Labrie*)
- I watched a tribute on You Tube to Fred Spannaus on his of service and devotion to NSP and Ski Butternut. Fred was my mentor for 15+ years helping me to get into NSP and OEMS to the depth that I have. (*Scott Rockefeller, Past OEC Supervisor*)
- I am very sad to learn of Fred 1s passing (we had three Freds on the Butternut Patrol and Fred was always #1. I have so many fond memories of him and his willingness to help everyone out. Fred will be sorely missed, but the fond memories will keep him in my thoughts for the rest of my life. (*John Sober, Past Patrol Director*)
- He helped me grow from a small girl racing the hills to become the very person I am today. He made you strive for excellence. It was an honor having him as a mentor, a colleague, and a friend. (*April Sober Yamashiro*)

I want to thank my son Robert, also a patroller, who assembled an outstanding presentation about Fred. To see it go to: <https://youtu.be/r8UnbjLA6-o>

# In Memoriam



## DR. FREDERICK C. SPANNAUS, JR.

Past Eastern Division Medical Advisor Fred Spannaus peacefully left this world on July 24, 2015. Born on April 25, 1921 in New York City, he graduated from Columbia University and received his medical degree at New York University College of Medicine. His specialties were obstetrics, general practice, and emergency medicine. He met his wife, Annette, while interning at Fordham Hospital in New York where she worked as a registered nurse. They married at The Little Church Around the Corner on August 30, 1945.

Fred joined the Pahquioque Ski Patrol in the CT Region in 1965 where he served as the patrol training advisor, medical advisor, assistant patrol director, and coordinator between the patrol and management. From 1974-1984 he was the CT Region Medical Advisor. He transferred to Butternut in the WMASS Region in 1984 serving as the medical advisor for both the patrol and the region. In 1987 he was appointed as the Division Medical Advisor. He stepped down in 1997. Fred was also an active OEC Senior T/E for both regions.

In 1973 Fred was awarded National Appointment #4270 and in 1998 was further recognized with a Distinguished Service Award. He was inducted into the CT Region Hall of Fame in 2010. After 42 years patrolling Fred retired in 2006.

He proudly served in the United States Army and was responsible for medical services at a POW hospital in the Philippine Islands. On return from the war he opened a family practice in Danbury, CT and became Chief of Obstetrics at Danbury Hospital

followed by two terms as Chief of Staff. In 1972, he joined Griffin Hospital in Derby, CT, serving as the Director of Emergency Services from 1976 to 1986. He is credited with developing Griffin Hospital's emergency medical system as well as introducing the American Cardiac Life Support courses for area EMTs, doctors, and nurses. As both a doctor and head of a family, he dedicated his life to the helping of others.

He also had a passion for sports and nature. He enjoyed water skiing and horseback riding.

Through the end of his life, Dr. Spannaus never ceased to impart knowledge or provide assistance to those around him. He was a wonderful role model for his family and will be missed by all that knew him. He is survived by two sons, John and Michael; a daughter, Linda Emma; six grandsons, Craig, Justin, Matt, Seth, Chris, and Nick; two granddaughters, Katie and Carly; and eight great-grandchildren.

*Laura Tucker  
Trail Sweep, Editor*



## WILLIAM HALSEY

If anything, Bill Halsey was a patroller and teacher whose lessons and techniques are still remembered and treasured by the patrollers whose lives he touched. After a 29-year career in the ski patrol, he retired to Crossville, Tennessee, where he passed away on August 22, 2015. He was 75. The lessons and friendships he shared brought back fond memories and plaudits from fellow patrollers in the Central New York Region of Eastern Division.

Bill joined NSP in 1978 at Mystic Mountain and Camillus Ski Patrols. He joined the Song Mountain Ski Patrol in 1985 and retired in 2007. During those years, he became an OEC (then called WEC) instructor, and rose through the ranks to become a region IT and Senior TE, and then CNY Region OEC Coordinator. In fact, it was Bill who ushered in the WEC (Winter Emergency Care) program into the CNY Region.

When he retired from patrolling, he was the Eastern Division OEC Supervisor. A long-time instructor of first aid skills, Bill even answered the call a year into retirement to serve one more season teaching OEC. Prior to Bill's roles in the OEC program, he was an active Red Cross instructor for many years.

Bill was honored for his dedication and leadership in 1995 with Leadership Commendation Appointment #2020, one of the first LCAs presented by the NSP.

Because of his teaching leadership, some of his patrol students nicknamed him "Admiral Halsey" after the legendary US naval commander from WWII (who was said to be a distant relative). News of Bill's death brought back many memories from students and fellow patrollers alike.

"His heart was always in the right place. RIP 'Admiral,' nobody can or will forget you!"

"In my early days, he helped many of us at Camillus Ski Association and supported it for years when they needed guidance on patrolling, training, or just help in the skiing industry. He will always be remembered by people he interacted with. We lost a true professional."

"He was tough, fair, and pushed us to be the best we could be."

"Each week after training, one of us wanted to quit! So glad we followed his advice. One of those 'ah ha' moments came in the training when he duct-taped my wrists together and took my patrol pack off. Then told us to go treat the three injured IPs. He was a legend!"

A legend indeed! Bill Halsey was the model of what a ski patrol instructor should be. His love of the NSP and teaching came together to influence a generation of patrollers.

*Jeff Paston  
CNY Region Historian*