Skill Guide

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Assisting with a Metered-Dose Inhaler

Objective: To demonstrate the process of assisting a patient in the use of a metered-dose inhaler.

Skill	Max Points	Skill Demo	
Initiate Standard Precautions.	1		(CPI)
Obtain patient's permission to assist.	1		
Verify the correct medicine, the correct patient, the correct dose, and that the medication is not outdated.	1		(CPI)
Vigorously shake the canister; remove the protective cap and apply spacer if available.	1		
Assist patient by holding the device to the patient's mouth.	1		
Encourage the patient to take a deep breath. Assist the patient by depressing the top of inhaler once to administer the spray. Instruct the patient to hold breath for approximately 10 seconds.	1		
Repeat the treatment ONCE if no improvement according to the instructions on the inhaler, or in 30–60 seconds.	1		

Must receive 5 out of 7 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____   NSP ID: _____

PASS   FAIL